




Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Reflex Development 7:00am - 8:00am	Gracie Combatives 7:00am - 8:00am	Master Cycle 7:00am – 8:30am	Gracie Combatives 7:00am - 8:00am	Gracie Combatives 7:00am - 8:00am	Jr. Grapplers (8-12) 9:00am - 10:00am
Gracie Combatives 10:30am - 11:30am	–	Gracie Combatives 11:30am - 12:30pm	Master Cycle 10:30am - 11:30am	Gracie Combatives 11:30am - 12:30pm	Gracie Combatives 10:00am - 11:00am
Little Champs (5-7) 4:00pm - 4:45pm	Jr. Grapplers (8-12) 4:00pm - 5:00pm	Jr. Grapplers (8-12) 4:15pm - 5:15pm	Little Champs (5-7) 4:00pm - 4:45pm	–	
Jr. Grapplers (8-12) 5:00pm - 6:00pm	Master Cycle 5:00pm-6:30pm	Reflex Development 5:30pm - 6:30pm	Jr. Grapplers (8-12) 5:00pm - 6:00pm	Master Cycle 5:00pm-6:30pm	
Gracie Combatives 6:30pm - 7:30pm	Gracie Combatives 6:30pm - 7:30pm	Gracie Combatives 6:30pm - 7:30pm	Gracie Combatives 6:30pm - 7:30pm	Gracie Combatives 6:30pm - 7:30pm	

10-Day Free Trial – Satisfaction Guaranteed!

At most jiu-jitsu schools, they'll let you try one class before you sign up. At our school, we prefer that you try our programs for 10 days before you make an enrollment decision. We will give you full access to our beginner programs for 10 calendar days and assuming you love everything about our school, you can enroll after the trial period. If it's not *exactly* what you're looking for, simply return the uniform, and you won't be charged for anything. No experience is necessary, and you will love the classes – we guarantee it. Speak to a team member about starting your 10-day free trial today!

Six Things Every Student Should Know

1. Respect everything and everyone at the school
2. Ask questions every chance you get
3. Arrive 10-15 minutes early to class
4. Wash your gi after every class
5. Learn from everyone and share with everyone
6. Introduce your friends to Gracie Jiu-Jitsu

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